This week we welcome Mr Twite to 5/6V who will be teaching the class for the rest of the week. A huge thank you to Mr Cooling who has taught the grade for four weeks while Mr V has been travelling WA and manning the office in my absence. Mrs Smedley is in the office all week while Mrs Opray is on leave in a much warmer place.

We were very fortunate last week to have our Chaplaincy funding confirmed for 2017. On a sad note, Miss Niziorski will be leaving us at the end of the year as she has recently become engaged and heading in a new life direction—CONGRATULATIONS.

Last week we were so surprised to receive an unexpected $37,000 as part of the government’s promise to invest in education infrastructure. We look forward to working with the Department to scope out the refurbishments and repairs to optimise the learning environment for our students.

Walk to School
Well the weather was not so favourable for our Walk to School. However we were able to have a healthy breakfast, some fun and fitness with Mr Helms and Mindfulness with Mrs Guy. A true life example of resilience and flexibility.

Performance
We’re starting to gear up for our school performance. Please find an information page and ticket order form accompanying the newsletter.

Christmas Cakes
Yesterday Year 6 students received an information note about Christmas Cake decorating. Each year Fay Sinclair kindly gives up her time to provide this experience for our Year 6 students. A consent form and $12 cash needs returning to school. This is just one way Fay contributes to our school community and we certainly appreciate it.
Head Lice Inspection
A huge thank you to Cathy Waldron who conducted a school wide head lice inspection with one of her staff. They spent a considerable time at school supporting the whole school community in lessening the inconvenience these little critters cause. There were quite a few students with eggs so we may have intervened just in time. During the inspection today Mrs Dowd and Mrs Smedley were trained in how to detect head lice and will be part of a more immediate response.

Brett Smith

JUNIOR SCHOOL COUNCIL
The Junior School Council was approached about the idea of having lunchtime walks in the local area. After a discussion the JSC felt the idea had merit so we will begin these Wednesday Wanderings on November the 2nd. If you’d like to join us we’ll head off about 1.10pm from the eating area outside the Grade 4/5 room. No separate permission note is needed as the local excursion consent covers this activity.

Walk to School Breakfast

Resilience – We have had many conversations about how best to teach resilience. One thing everyone (staff, parents, researchers) seem to agree on is that children need challenges that are tough and difficult, where failure is a possibility, so they can learn resilience. Only when things are hard and we make a go of it, do we have experiences to remind ourselves, I tried it and I survived!! Yes, I can do tough stuff! So with Swimming Lessons underway, School Performance and transition to High School, or maybe Primary School itself, just around the corner it’s a great time to encourage risk taking that could lead to learning resilience. So, if your child is feeling a little daunted please remind them – Every emotion is OK, it’s what we do with it that counts. “Yes, I hear you are scared about going on stage but let’s put it on the Catastrophe Scale? Is it really that bad? What’s the worst thing that could go wrong? What could you do if it goes wrong? Who will be there to help you? I will still love you even if things do go wrong!”

Coping skills

<table>
<thead>
<tr>
<th>Coping thoughts</th>
<th>Coping emotions</th>
<th>Coping behaviours</th>
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<tr>
<td>Learning from setbacks.</td>
<td>Feeling in control of your responses and feelings.</td>
<td>Having strategies to help you feel better.</td>
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<td>Thinking positively.</td>
<td>Understanding how negative experiences make you feel.</td>
<td>Having the ability to keep trying and not give up.</td>
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<tr>
<td>Knowing that upsetting feelings are temporary.</td>
<td></td>
<td>Doing things for pleasure and enjoyment.</td>
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<td>Planning for success and having realistic goals.</td>
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Every day there is new technology creeping into our lives. While it can be of benefit, as carers of young children, we need to be aware that they can be open to misuse through intent, lack of maturity or lack of knowledge, attitude and skill. **The aim of these newsletter articles is to support you as parents and carers.**

A new craze which is appealing to children is live streaming. Just take an iPad, wifi and an app and your children could be on line and live-no time to edit and delete!

Here is an article from the latest edition of ThinkUKnow.

Fascinated by discovering the world through someone else’s eyes?

Live streaming is a continuing craze for young people. It allows them to see events unfold literally as they happen, as well as broadcast their own lives to friends (and almost anyone!) to watch.

You may have heard of live streaming apps such as Periscope, Facebook Live and most recently Live.ly, which was released earlier this year by Musical.ly.

Live.ly is a lot like Facebook Live. When you are in the app you can tap “Go Live” to start live streaming your videos to your Musical.ly friends and fans. People can leave comments and buy digital gifts, which are animated stickers that pop onto the screen during broadcasts.

Just like every other live streaming app, Live.ly presents challenges around the content that is viewed or posted. There is no filter or monitoring, and as the streams are live there is always the chance that young people may hear bad language and see inappropriate content.

Another big challenge is privacy. We all need to be aware of what we are posting online, and broadcasting live is no different. It's important that before you or your child broadcasts something live, you consider what personal information you may be sharing in the video - sometimes without even meaning to!

**ThinkUKnowTop Tips:**

1. Discuss with your children what is and isn’t appropriate to share.

2. Ensure your child is not giving away personal information in videos, but also on their profile. It is especially important to make sure names, ages and location are hidden.

3. Ensure you or your child aren’t inadvertently giving out information about who you are and where you live in the videos. Can a street address or school uniform be seen in the videos? Always check!

4. Remember, always think before you go 'live'!

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**Achievement Awards**

😊 Alex J for his positive ‘can-do’ attitude in everything he does.

😊 Matilda P for carefully considering her word choice to create descriptive and original poems.

😊 Stacey J for her beautiful manners and always being very kind and caring.

😊 Olivia P for always taking pride in the learning she achieves.

😊 Bodhi A for displaying random acts of kindness.

**Yard Draw Awards**

😊 Keelie P for a healthy lunch.

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**House Points**

Last Week’s Winner: Waratah

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**Community News**

The following Community News articles promote community connections and communication. They are not considered school activities.

**Tarwin Lower PS – Halloween Outdoor Movie Night:**

TLPS presents “Goosebumps” on Monday 31st October at 7.30pm (movie begins at 8pm). Tickets are $5 per person and can be purchased from the school or the gate on entry. Food and beverages will be available for purchase, BYO blanket and chair. This is an alcohol free event. Enquiries – 5663 5263.
Poems by Prep R

My Cows

Eating hay
Munch, munch, munch
Walking up the track
Clunk, clunk, clunk
Cups on the teats,
Squirt, squirt, squirt.

The Happy Boys

Will
Braydon
I could feel the sky
Made me cold
And my hands cold too.

Cooper

Spring

Bees
Flowers
Sun
Chicks
People talking
Dogs barking

Chicks

My chicks are fluffy,
Scratch, scratch, scratch,
Big wings,
Flap, flap, flap,
Noisy,
Chirp, chirp, chirp,
Chirp, chirp.

Charlotte

Rabbits

Floppy ears
Pink nose
Wiggle, wiggle, wiggle
Orange carrots
Crunch, crunch, crunch
Fluffy fur
Rabbits are cute.

Suzie

Bark
Run
Chase
Sleep
Eat
Drink
Bite
Play
Swimming

Matilda

Trampoline

Sunny day
Blue sky
Bounce, bounce
Jumping really high
Fun!

Bellarine

Jumping pillows,
Laughter,
Riding bikes,
Playing the wii,
I love Bellarine.

Will

Stacey

Lenny